



Hello,

My name is Brandy Doubleday from NCS and I am excited to be working with Leanne Sherwood and Penair School this year to deliver an unforgettable summer experience for students in year 11.

The NCS programme offers young people, aged 16-17, a once in a lifetime opportunity to do something meaningful with their summer break, as well as a chance to develop skills and take on new challenges that will set them up for adult life. They'll also do something good for their local community, carrying out a social action project to support a cause they care about. We've seen first hand what an amazing feeling of accomplishment and increased confidence this brings. Throughout the pandemic, teenagers on NCS donated well over 200,000 hours of their time to help rebuild their communities after the first lockdown, showing what a difference young people can make when they work together towards a goal..

Over a period of 2 weeks, they will;

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| <ul style="list-style-type: none"><li>✓ Meet new people</li><li>✓ Try new things</li><li>✓ Give back to their local community through voluntary action</li></ul> | <ul style="list-style-type: none"><li>✓ Take on new challenges</li><li>✓ Develop the skills and confidence to take on their next steps</li><li>✓ Generate experience for their university application, job/apprenticeship interview or CV and more!</li></ul> |
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NCS is all about helping teenagers realise their potential by giving them a taste of independence and loading them up with new skills that set them up to achieve their future goals, whatever they may be. And this year, it's your teen's turn!

A place on NCS is worth around £1200. However, thanks to government funding for the programme, we only ask for a contribution of £50 to cover some basic costs. We want to ensure that everyone can do NCS so there are bursaries available if you need some help to cover the cost.

I will be delivering an NCS presentation to the students on **Tuesday 1st March**. The students will learn about the NCS experience and its benefits.

Penair School has always had a large number of students take part in NCS and I hope that your son or daughter will want to be a part of this memorable experience. The local NCS programme for Penair School and surrounding schools is run by the highly experienced local organisation Young People Cornwall.

National Citizen Service Trust is a not-for-profit organisation incorporated by Royal Charter and established to shape, support, champion and lead a thriving National Citizen Service.

National Citizen Service Trust is registered in England and Wales with Royal Charter Body number RC000894.



NCS

When your teen registers their interest in taking part in NCS this summer, we will ask them to share your contact details. This is so that we can complete the administrative process required to get them signed up to a programme date. When they let us know they're interested, we'll be in touch with you by email or phone to run through the steps we need to complete their booking.

### **Programme Dates**

#### Wave 1

Monday 27th June - Friday 1st July (residential week at Falmouth University) followed by Monday 4th July - Friday 8th July (non residential week based in St Austell)

#### Wave 2

Monday 11th July - Friday 15th July (residential week at Falmouth University) followed by Monday 18th July - Friday 22nd July (non residential week based in St Austell)

## **The NCS Experience:**

### **Be Epic and Live Life – Week One**

The students will be staying at the *Penryn campus of Falmouth University*, sleeping in the uni halls with their own bedrooms, kitchen and communal spaces. In the first two days the teams will be taking part in outdoor activities such as kayaking, paddle boarding, raft building, orienteering and team building activities. No one is forced to do any activities they do not want to do. We help them understand more about being independent through cooking, budgeting and wellbeing workshops. We also run sessions to improve their understanding of their local area, its opportunities and challenges. The teams will be asked to budget for, shop and then prepare a team meal in their own kitchen and arrange a great evening of food and fun for everyone. This week is all about boosting confidence, developing leadership skills and gaining problem solving skills.



### **Do Good – Week Two**

The five days of social action activities is all about turning attention to the wider community, in what is very often the most rewarding part of the NCS experience. Teams can choose any area or project that they are interested in supporting.

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We've seen first hand what an amazing feeling of accomplishment and increased confidence this brings. In August 2021, teenagers on NCS donated 200,000 hours of their time to help rebuild their communities after the hard time since the pandemic started, showing what a difference young people can make when they work together towards a goal.



This week gives them the chance to give back and engage with your local community in Truro and surrounding towns. They can choose to help a local charity, work with an organisation, raise awareness for a local cause or raise money for something important for the community. This is where they create and deliver something unique that will give them real content for their personal statement and next job or college interview, so they have a great story to tell about the skills they have learnt.

### **Logistical details:**

**Week One:** Our buses depart from the bus park behind M&S in Truro on Monday morning and transport the young people to Falmouth University, Penryn Campus where they will spend the week sleeping in uni halls. On Friday afternoon we will transport the young people back to Truro for you to collect them around mid afternoon.

**Week Two:** The young people will be meeting daily in the Truro area. In their teams (of 12-16 young people) they will create, plan and deliver a social action project for the local areas.

We look forward to welcoming your young person next summer for a truly unforgettable experience.

Go to [wearencs.com](http://wearencs.com) to sign up or for more information. Frequently asked questions can be found at [wearencs.com/faqs](http://wearencs.com/faqs). Alternatively, if you have any questions or don't think these dates will work with your summer plans, give us a call and we'll do our best to help you out:

**0800 197 8010**

We look forward to welcoming your teen on NCS next summer!  
Warm wishes,

Brandy Doubleday  
NCS Trust (brandy.doubleday@ncstrust.org.uk)

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